

"MY SHADOW"

Dance by Carl & Clare Bruning, 5350 Charlotte Drive, New Orleans, La. 70122

Record: HI-HAT 875 (Adjust speed of record to suit) Gene Garf Band

Starting Positions: Intro diag Open-Facing, Closed pos facing LOD for Dance.

Footwork: Opposite, Directions for M except where noted.

INTRO: WAIT; WAIT; APART, -, POINT, -; TOGETHER (to CP), -, TOUCH, -;

1-4 In Open-Facing pos M's R hand & W's L joined and M facing diag twd wall and LOD wait 2 meas; Step apart on L, hold 1 ct, point R, hold 1 ct; Step together on R and start blend to Closed pos M facing LOD, hold 1 ct, touch L, hold 1 ct;

DANCE

(1)(CP)FWD TWO-STEP; (2)FWD TWO-STEP; (3)SIDE, CLOSE, CROSS (Check), -; (4) RECOV, SIDE, CROSS, -;

1-2 In Closed pos with M facing LOD start on M's L & do 2 fwd two-steps;

3 Swd L twd COH, close R to L, cross L in front of R (WXIB) to Sidecar pos checking fwd motion, hold 1 ct;

4 Recover bwd twd RLOD on R, swd L twd COH to Closed pos M facing LOD, cross R in front of L to Banjo pos (WXIB) M facing diag LOD & COH, hold 1 ct while starting blend to Closed pos M facing wall;

(5)(CP)TURN TWO-STEP; (6)TURN TWO-STEP; (7)TWIRL, -, 2, -; (8)WALK, -, PICKUP, -;

5-6 Complete blend to Closed pos and start on M's L and do 2 turning two-steps LOD;

7 M walks 2 slow steps LOD L, -, R, - (W twirls R-fc under joined M's L hand and W's R) ending in Semi-Closed pos facing LOD;

8 Walk fwd in SCP 2 slow steps L, -, R, - picking up W to Closed pos on 2nd step (M still facing LOD);

(9)(CP)FWD TWO-STEP; (10)FWD TWO-STEP; (11)SIDE, CLOSE, CROSS (check), -; (12) RECOV, SIDE, CROSS, -;

9-12 Repeat the action of Meas 1 thru 4;

(13)(CP)TURN TWO-STEP; (14)TURN TWO-STEP; (15)TWIRL, -, 2, -; (16)WALK, -, 2 (SCP), -;

13-16 Repeat the action of Meas 5 thru 8 except remain in SCP (do not pickup W);

(17)FWD, TOUCH, BACK, -; (18)ROCK BACK, RECOV, FWD, -; (19)FWD TWO-STEP; (20) TWIRL FWD, 2, 3, TOUCH;

17 In SCP step fwd LOD on L, touch R to L, step bwd on R, hold 1 ct;

18 Rock bwd RLOD on L, quickly recover fwd in place on R, fwd LOD on L, hold 1 ct;

19 Start on M's R and do 1 fwd two-step LOD;

20 M takes 3 small (fast) steps LOD L, R, L (almost in place) (W twirls R-fc twd LOD turning 1/2 turn under joined M's L hand & W's R in 3 fast steps to end with partners facing & both hands joined and M facing LOD), touch R;

(21)WRAP, 2, 3, TOUCH; (22)SIDE (to face), CLOSE, CROSS (check), -; (23)RECOV, SIDE, THRU, -; (24)WALK, -, 2, -;

21 M steps 3 small steps fwd but almost in place R, L, R, raising L hand and lowering R to turn W 1/2 L-face twd RLOD keeping both hands joined to end in wrap pos with W on M's R side and both facing LOD, touch L;

22 Release M's R hand & W's L while turning 1/4 R-fc (W L-fc) to face partner & wall and stepping swd LOD on L (keep M's L hand & W's R joined), close R to L, cross thru twd RLOD on L to check fwd motion (both XIF) to end in Left-Open pos both facing RLOD, hold 1 ct;

23 Recover bwd in place on R while turning to face partner in Closed pos M facing wall, Step swd LOD on L, cross thru twd LOD on R (both XIF) to SCP (reach), hold 1 ct;

24 In Semi-Closed pos walk fwd LOD 2 slow steps L, -, R, -;

(25)FWD, TOUCH, BACK, -; (26)ROCK BACK, RECOV, FWD, -; (27)FWD TWO-STEP; (28) TWIRL FWD, 2, 3, TOUCH;

25-28 Repeat the action of Meas 17 thru 20;

(29)WRAP, 2, 3, TOUCH; (30)SIDE (to face), CLOSE, CROSS (check), -; (31)RECOV, SIDE, THRU, -; (32)(SCP)WALK, -, PICKUP (to CP), -;

29-32 Repeat the action of Meas 21 thru 24 except pickup W to Closed pos M facing LOD on count 3 of Meas 32; (NOTE change in Meas 31 & 32 to end the dance.)

DANCE GOES THRU TWICE

Ending: As dance is completed the 2nd time thru Measure 32 is modified as follows:

(32)STEP APART, -, POINT, -;

Step apart on L (M diag LOD and twd COH, W diag LOD and twd wall on R), change hands to M's R & W's L and hold 1 ct, point R twd partner, hold and acknowledge as music ends.